

An internal Newsletter for Walgett and Brewarrina AMS Staff

Welcome to the very first edition of our fortnightly staff Newsletter.

The Newsletter will be an additional way of raising awareness amongst our staff on issues relevant to the work we all do, as well as promoting a wide range of upcoming events and personal success stories, birthdays, anniversaries, workplace achievements etc - for those who wish to share them.

What is Access EAP?

Access EAP is an Employee Assistance Program is a voluntary, confidential and complimentary staff counselling service. It is short-term, solution-focused approach to help you enhance your overall wellbeing.

Some reasons people contact AccessEAP are:

Improving relationships and communications with others, improving work performance, assistance with financial and legal issues, as well as a range of other supports.

For more information, call: 1800 81 87 28 or (02) 8247 9191

Date Claimers:

Did you know: Today, the 1 st April 2019 is the 91^{st} day of the year, and it's only 268 days until Xmas, and 274 until the end of the year

8 to 12 April – Seniors Week

Upcoming Public Holidays: Good Friday – 19 April

Easter Monday – 22 April

Anzac Day - 25 Apr

School Holidays (Primary and Secondary) : Break-up - 12 April, Resume - 29 April

Upcoming Birthdays: feel free to have your birthday listed here for the next edition

Upcoming Anniversaries: feel free to have your anniversary listed her for the next edition

Reminder regarding Confidentiality and Privacy is maintained for our clients and staff:

As you are all aware, working with an AMS means that we all come across a wide range of client and staff information during the course of our daily duties. Staff should not release any patient or other information unless prior approval is obtained from the CEO - this can include giving non-employees business documents, access to medical records or personnel information.

Staff Professional Development:

Congratulations to all the staff who are currently undertaking a wide range of professional development, which includes studies in: Advanced Diploma in Leadership, TAFE Business courses and University

There are a range of Scholarship opportunities available for any staff who wish to enhance their professional development send me an email: <u>gavint@walgettams.com.au</u> if you would like to know more.

Hello & Goodbyes: for staff leaving and new staff arriving.

- Goodbye Kristy Fernando who departed WAMS on 28 March
- Goodbye Alyson Alway who is taking a short break from 5 April
- Hello Michael Wickham who commences next Monday 8 April as Suicide Prevention Officer

Quote: Being optimistic means the glass is half full, not half empty.

Please feel free to Email me any information you would like to see in future fortnightly editions: <u>Gavint@walgettams.com.au</u>